

AVAO® BOD / AVAO® BOD FAST



EN 361: 2002
EN 358: 1999
EN 813: 2008



Fall arrest body harness, work positioning and restraint belt and seat harness for work at height.

Hamais complet d'antichute, ceinture de maintien et de retenue et hamais cuissard pour travaux en hauteur

⚠ WARNING

Activities involving the use of this equipment are inherently dangerous.

You are responsible for your own actions and decisions.

- Before using this equipment, you must:
- Read and understand all instructions for use.
- Get specific training in its proper use.
- Become acquainted with its capabilities and limitations.
- Understand and accept the risks involved.

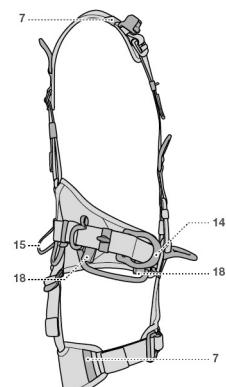
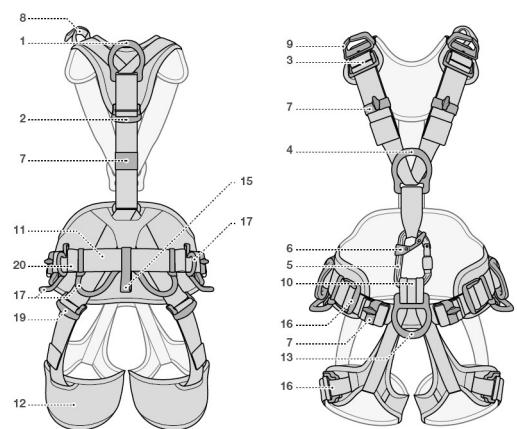


FAILURE TO HEED ANY OF THESE WARNINGS MAY RESULT IN SEVERE INJURY OR DEATH.

1. Field of application

2. Nomenclature

AVAO BOD

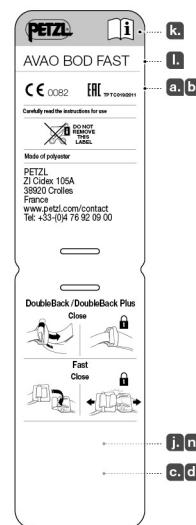
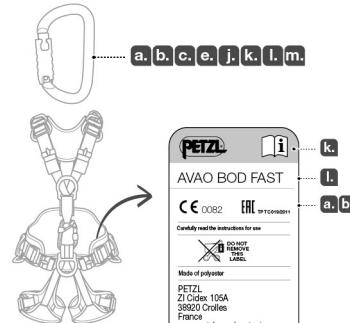


2. Nomenclature

AVAO BOD FAST



Traceability and markings / Traçabilité et marquage



CE 0082

- a. Body controlling the manufacture of this PPE
- b. Notified body that carried out the CE type inspection
- c. Traceability: datamatrix = individual number
- d. Size
- e. Serial number
- f. Year of manufacture
- g. Month of manufacture
- h. Batch number
- i. Individual identifier
- j. Standards
- k. Carefully read the instructions for use
- l. Model identification
- m. Class B (Basic)
- n. Nominal maximum load

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Latest version



Other languages



Technical tips



PPE checking

Warning symbols

Panneaux d'alertes



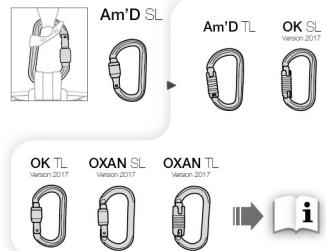
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F-38920 Crolles
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Sustaining our Community
Au service de la Communauté
FONDATION-PETZL.ORG

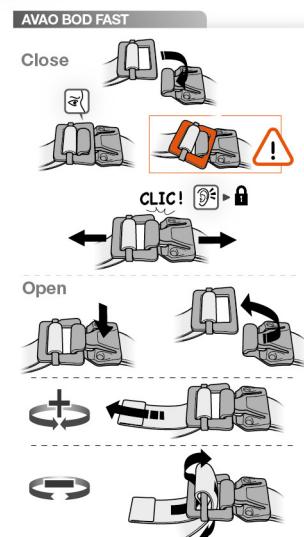
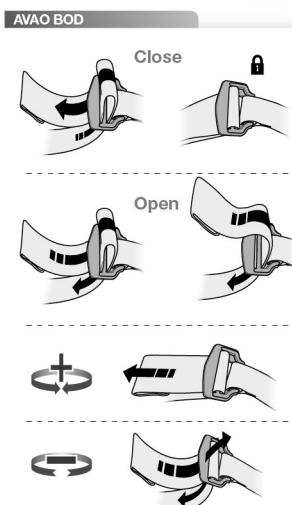
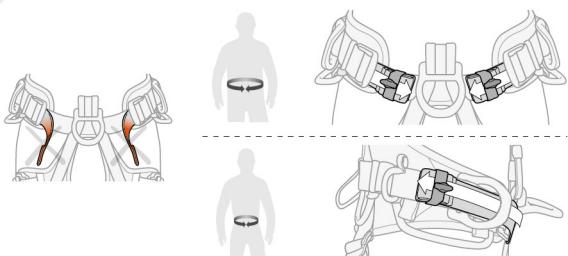
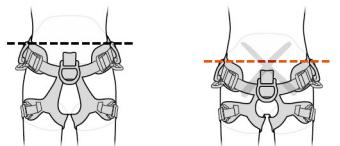
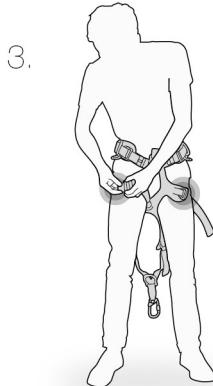
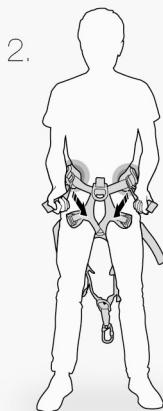
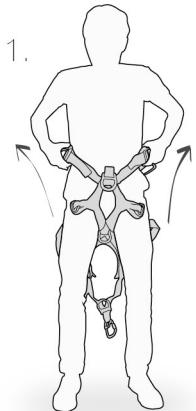
3. Inspection, points to verify Contrôle, points à vérifier



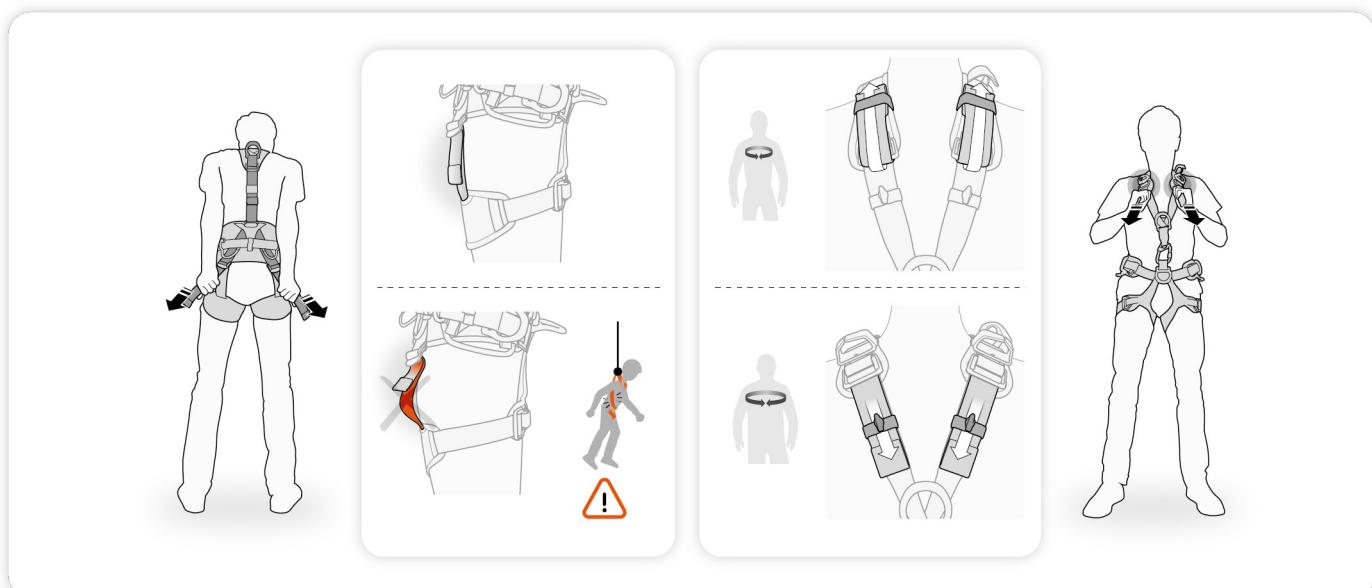
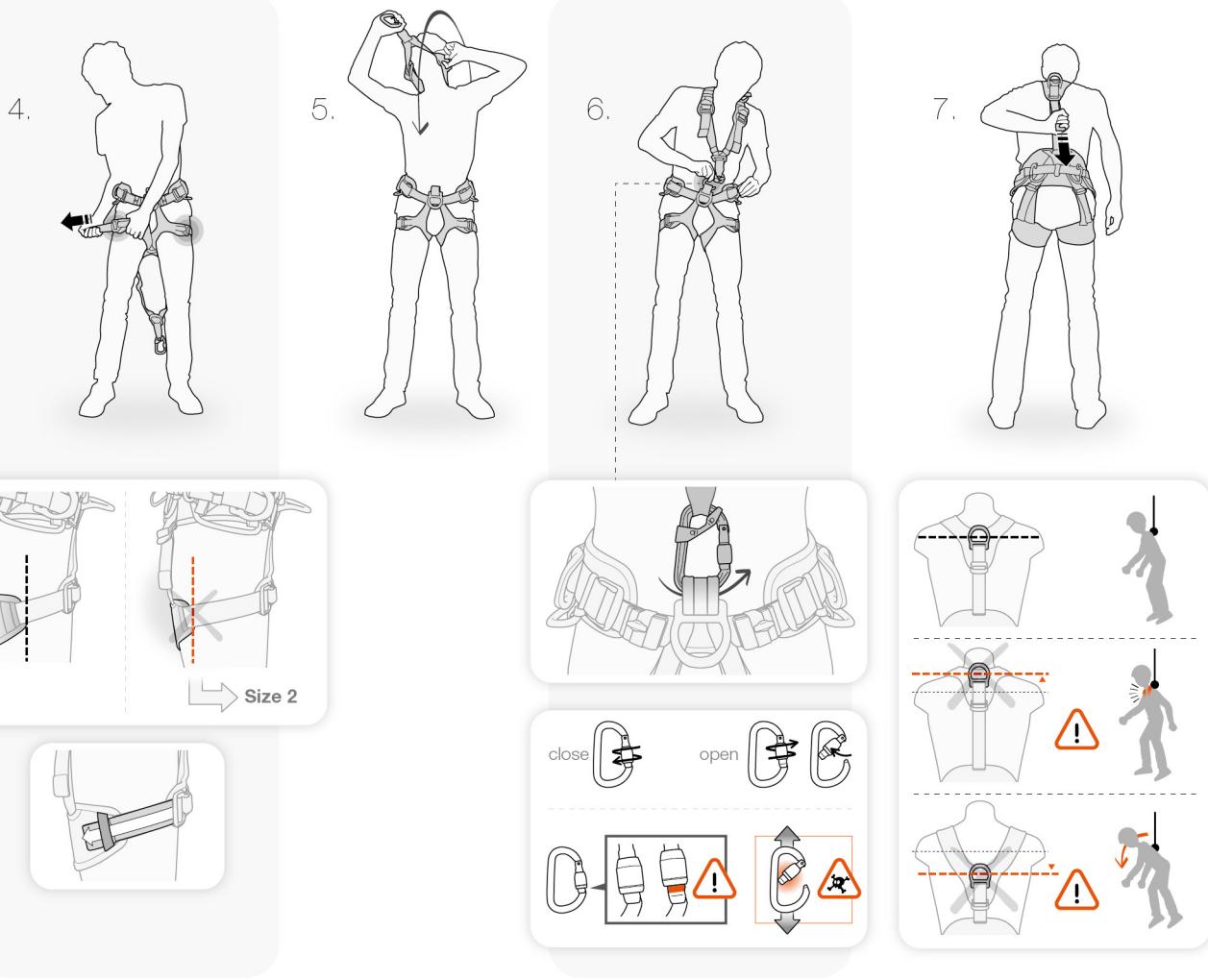
4. Compatibility Compatibilité



5. How to put the harness on Mise en place du harnais



5. How to put the harness on
Mise en place du harnais



**A. Lifetime / Durée de vie****unlimited**
illimitée**C. Acceptable T°
T° tolérées**+ 80°C / + 176°F
- 40°C / - 40°F**D. Precautions for use / Précautions d'usage**

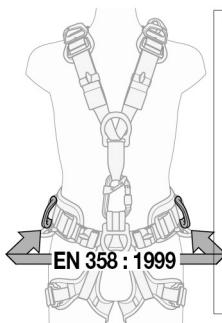
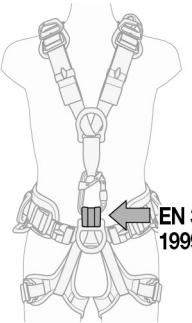
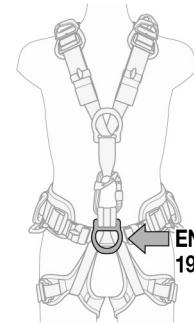
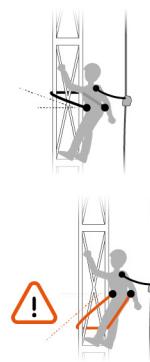
etc...

E. Cleaning / Nettoyage+ 30°C maxi.
+ 86°F maxi.+ 30°C maxi.
+ 86°F maxi.**F. Drying / Séchage**+ 30°C maxi.
+ 86°F maxi.**G. Storage - Transport
Stockage - transport****H. Maintenance
Entretien****I. Modifications - Repairs
Modifications - Réparations**

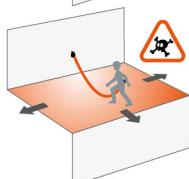
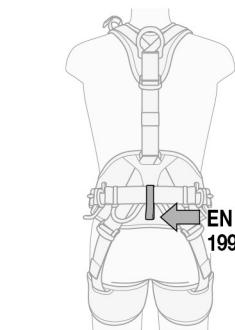
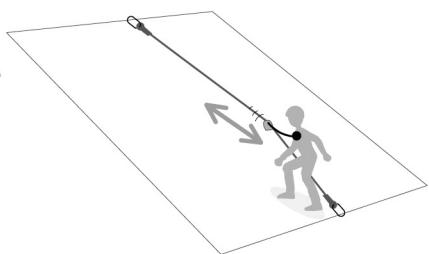
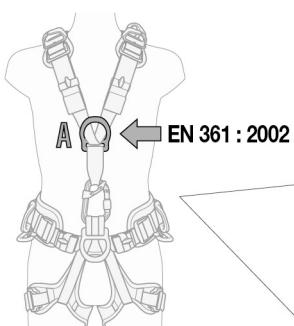
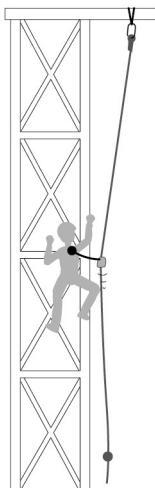
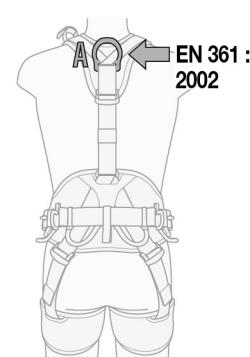
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**J. FAQ - Contact
Questions - Contact**Petzl
petzl.com**7. EN 358: 1999 harness for work positioning and restraint**

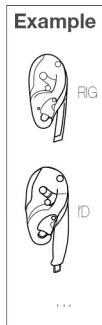
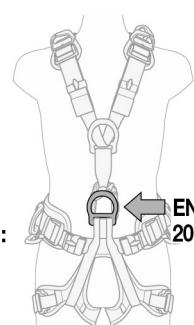
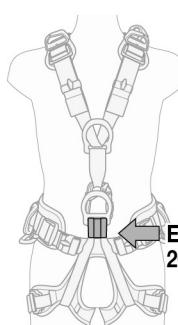
Hamais de maintien au travail et retenue EN 358: 1999

**Example : GRILLON HOOK
GRILLON****6. EN 361: 2002 fall arrest harness**

Hamais antichute EN 361: 2002

**8. Seat harness EN 813: 2008**

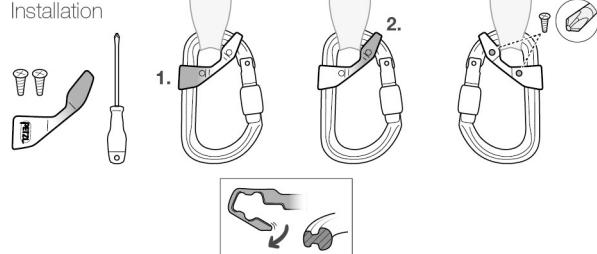
Hamais cuissard EN 813: 2008



9. CAPTIV connector positioning bar

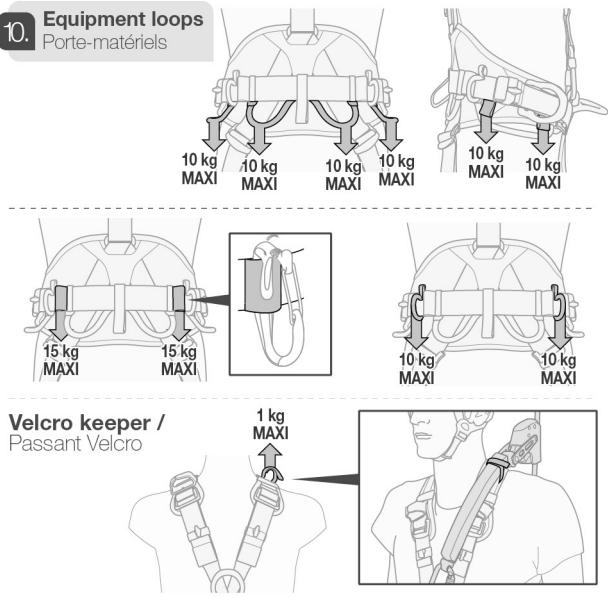
Barette de maintien de connecteur CAPTIV

Installation



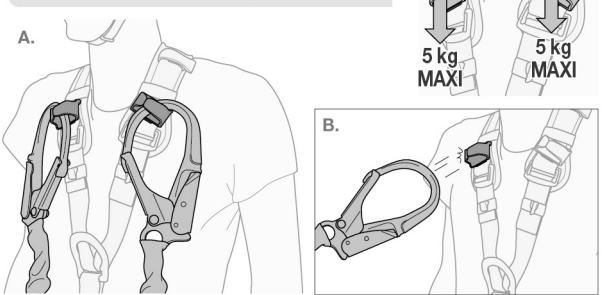
10. Equipment loops

Porte-matériels



11. Fall arrest lanyard connector holder

Porte-connecteurs de longe d'antichute



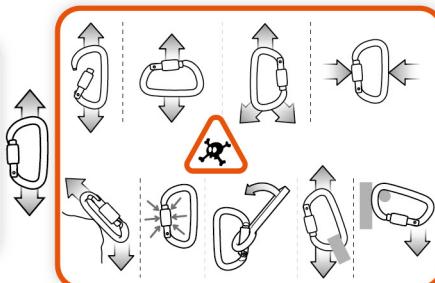
Am'D SCREW-LOCK

CE 0082

EN 362 : 2004

EAC TPTC019/2011

	27 kN
	8 kN
	7 kN
	24 mm
	75 g



	A	B	C
Taille 0	65 - 80 cm 26 - 39 inch	44 - 59 cm 18 - 23 inch	160 - 180 cm 63 - 70 inch
Taille 1	70 - 93 cm 28 - 36 inch	47 - 62 cm 19 - 24 inch	165 - 185 cm 65 - 72 inch
Taille 2	83 - 120 cm 33 - 46 inch	50 - 65 cm 20 - 25 inch	175 - 200 cm 69 - 78 inch

12. Additional information

Informations complémentaires



A. Lifetime / Durée de vie

Serial n°
00000 XX XXXX + 10 years
ans

B. Markings

Marquage



C. Acceptable T°

T° tolérées

+ 80°C / + 176°F
- 40°C / - 40°F

D. Precautions for use / Précautions d'utilisation



etc...

E. Cleaning - Disinfection / Nettoyage - Désinfection



F. Drying / Séchage



G. Storage - Transport

Stockage - transport



I. Modifications - Repairs

Modifications - Réparations



J. FAQ - Contact

Questions - Contact



Only the techniques shown in the diagrams that are not crossed out, and that do not display a skull and crossbones symbol and/or «NO!» are authorized. Some examples of misuse are presented, but it is impossible to describe them all. Check www.petzl.com regularly to find the latest technical information.

Contact Petzl if you have any doubt or difficulty understanding these documents.

1. Field of application

Personal protective equipment (PPE).

Fall arrest body harness, work positioning and restraint belt and seat harness for work at height.

This product must not be loaded beyond its strength rating, nor be used for any purpose other than that for which it is designed.

WARNING

Activities involving the use of this equipment are inherently dangerous. You are responsible for your own actions and decisions.

Before using this equipment, you must:

- Read and understand all instructions for use.
- Get specific training in its proper use.
- Become acquainted with its capabilities and limitations.
- Understand and accept the risks involved.

Failure to heed any of these warnings may result in severe injury or death.

Responsibility

WARNING, specific training is essential before use. This training must be adapted to the practices defined in the Field of Application.

This product must only be used by competent and responsible persons, or those placed under the direct and visual control of a competent and responsible person. Gaining an adequate apprenticeship in appropriate techniques and methods of protection is your own responsibility.

You personally assume all risks and responsibilities for all damage, injury or death which may occur during or following incorrect use of our products in any manner whatsoever. If you are not able, or not in a position to assume this responsibility or to take this risk, do not use this equipment.

2. Nomenclature of parts

- Chest harness:

(1) Dorsal attachment point, (2) Rear dorsal point adjustment buckle, (3) Front sternal point adjustment buckles, (4) Sternal attachment point, (5) Chest-seat harness connector, (6) Elastic retainers, (7) Velcro retainer for arranging a lanyard, (8) Tool holder loops.

- Seat harness:

(9) Textile attachment point for chest-seat harness connector, (10) Waistbelt straps, (11) Leg loop straps, (12) Ventral attachment point, (13) Waistbelt side attachment points, (14) Rear restraint attachment point, (15) DoubleBack adjustment buckles for leg loops, (15 bis) FAST rapid buckles for leg loops, (16) Equipment loops, (17) Tool holder loops, (18) Plastic retainers, (19) Leg loop retainers, (20) Leg loop-chest harness linking strap, (21) DoubleBack waistbelt adjustment buckles, (22) CARITOOL slots.

Principal materials:

Straps: polyester, nylon.

Adjustment buckles: steel.

Attachment points and front chest-seat harness connector: aluminum alloy.

3. Inspection, points to verify

Before each use

Harness

Check the webbing at the attachment points, at the adjustment buckles and at the safety stitching.

Look for cuts in the webbing, wear and damage due to use, to heat, and to contact with chemical products, etc.. Be particularly careful to check for cut threads.

Verify that the DoubleBack and FAST buckles operate properly.

Chest-seat harness connector

Make sure the frame, gate, hinge and locking sleeve are free of any cracks, deformation, corrosion, etc.. Open the gate and verify that it closes and locks correctly. The Keylock slot must not be blocked by any foreign matter (dirt, pebble, etc.).

Consult the details of the inspection procedure to be carried out for each item of PPE on the Web at www.petzl.com/ppe.

Contact Petzl if you have any doubt.

During each use

It is important to regularly monitor the condition of the product and its connections to the other equipment in the system. Make sure that all pieces of equipment in the system are correctly positioned with respect to each other.

4. Compatibility

Verify that this product is compatible with the other elements of the system in your application (compatible = good functional interaction).

5. How to put the harness on

- Be sure to correctly stow the excess webbing (folded flat) in the retainers.

Be careful of foreign bodies which can impede the operation of the FAST buckles (such as pebbles, sand, clothing,...). Verify that the buckles are correctly fastened.

Chest-seat harness connector:

Do not use it to attach a lanyard or energy absorber.

ATTENTION DANGER, it must always be used with the gate closed and locked. Its strength is greatly reduced if the gate is open.

Systematically verify the gate is closed by pressing it with your hand. Contaminants such as mud, sand, paint, ice, dirty water, etc. can prevent the locking system from working.

Initial adjustment of the dorsal attachment point:

This adjustment should be done only once when putting on your harness for the first time. Have another person help you do it.

Adjust the position of the dorsal attachment point to suit your body shape and size: position it at the level of the shoulder blades.

Adjustment and suspension test

Your harness must be adjusted to fit snugly to reduce the risk of injury in case of a fall.

You must move around and hang in the harness from each attachment point, with your equipment, to verify that the harness fits properly, provides adequate comfort for the intended use and that it is optimally adjusted.

6. Fall arrest harness EN 361: 2002

Body harness for fall arrest, component of a fall arrest system in accordance with the EN 363 standard (personal fall arrest systems). It must be used in conjunction with EN 795 anchors, EN 362 locking carabiners, EN 355 energy absorber, etc..

6A. Sternal attachment point

Only these points may be used to attach a fall arrest system, for example a mobile fall arrester, an energy absorber, or other system described in the EN 363 standard. For ease of identification, these points are marked with the letter 'A'.

Clearance: amount of free space below the user

The clearance below the user must be sufficient to prevent the user from striking any obstacle in case of a fall. Specific details on calculating clearance are found in the technical notices for the other components (energy absorbers, mobile fall arrester, etc.).

7. EN 358: 1999 harness for work positioning and restraint

These attachment points are designed to either hold the user in position at the work station, or to prevent the worker from entering a zone where a fall is possible. These attachment points must only be used to attach to a restraint or work positioning system, maximum fall height: 0.5 m.

These attachment points are not designed for fall arrest usage. It may be necessary to supplement work positioning or travel restraint systems with collective or personal fall arrest systems.

7A. Ventral attachment point

Always use the two side attachment points together by linking them with a positioning lanyard in order to be comfortably supported by the waistbelt.

7C. Rear restraint attachment point

This rear waistbelt attachment is designed only for attachment of a restraint system to prevent the user from entering an area where a fall is possible.

Regularly check the effectiveness of the system during use (adjustment and attachment elements).

8. Seat harness: EN 813: 2008

Ventral attachment point

Nominal maximum load: 140 kg.

Designed for progression on rope and work positioning.
Use this ventral ring to attach a descender, positioning lanyards or progression lanyards.

This attachment point should not be used to attach fall arrest systems.

9. Equipment loops

The equipment loops must only be used to attach and support equipment.
WARNING DANGER, never use equipment loops for belaying, rappelling, tying-in, or anchoring a person.

10. Supplementary information regarding standards EN 365

Rescue plan

You must have a rescue plan and the means to rapidly implement it in case of difficulties encountered while using this equipment.

Anchors

The anchor point for the system should preferably be located above the user's position and should meet the requirements of the EN 795 standard (minimum strength of 10 kN).

Various

- In a fall-arrest system, it is essential to check the required clearance under the user before each use, to avoid any impact with the ground or an obstacle in case of a fall.
- Make sure that the anchor point is correctly positioned, in order to limit the risk and the height of a fall.
- A fall arrest harness is the only device allowable for supporting the body in a fall arrest system.
- When using multiple pieces of equipment together, a dangerous situation can result if the safety function of one piece of equipment is affected by the safety function of another piece of equipment.
- WARNING DANGER, take care that your products do not rub against abrasive or sharp surfaces.
- Users must be medically fit for activities at height. Warning, inert suspension in a harness can result in serious injury or death.
- The instructions for use for each item of equipment used in conjunction with this product must be respected.
- The instructions for use must be provided to users of this equipment in the language of the country in which the product is to be used.

11. Petzl general information

Lifetime / When to retire your equipment

For Petzl's plastic and textile products, the maximum lifetime is 10 years from the date of manufacture. It is indefinite for metallic products.

WARNING: an exceptional event can lead you to retire a product after only one use, depending on the type and intensity of usage and the environment of usage (harsh environments, marine environment, sharp edges, extreme temperatures, chemical products, etc.).

A product must be retired when:

- It is over 10 years old and made of plastic or textiles.
- It has been subjected to a major fall (or load).
- It fails to pass inspection. You have any doubt as to its reliability.
- You do not know its full usage history.
- When it becomes obsolete due to changes in legislation, standards, technique or incompatibility with other equipment, etc..

Destroy retired equipment to prevent further use.

Product inspection

In addition to the inspection before each use, an in-depth inspection must be carried out by a competent inspector. The frequency of the in-depth inspection must be governed by applicable legislation, and the type and the intensity of use. Petzl recommends an inspection at least once every 12 months.

To help maintain product traceability, do not remove any markings or labels. Inspection results should be recorded on a form with the following details: type of equipment, model, manufacturer contact information, serial number or individual number, date of manufacture, date of purchase, date of first use, date of next periodic inspection, problems, comments, the name and signature of the inspector. See an example at www.petzl.com/ppe.

Storage, transport

Store the product in a dry place away from exposure to UV, chemicals, extreme temperatures, etc.. Clean and dry the product if necessary.

Modifications, repairs

Modifications and repairs outside of Petzl facilities are prohibited (except replacement parts).

3-year guarantee

Against all material or manufacturing defect. Exclusions: normal wear and tear, oxidation, modifications or alterations, incorrect storage, poor maintenance, negligence, uses for which this product is not designed.

Responsibility

Petzl is not responsible for the consequences, direct, indirect or accidental, or any other type of damage befalling or resulting from the use of its products.

Traceability and markings

- a. Body controlling the manufacture of this PPE
- b. Notified body that carried out the CE type inspection
- c. Traceability: datamatrix = product reference + individual number
- d. Diameter
- e. Individual number
- f. Year of manufacture
- g. Day of manufacture
- h. Control or name of inspector
- i. Incrementation
- j. Standards
- k. Read the Instructions for use carefully

